

Creating a COVID-19 Compliance Incentive Chart



An incentive chart can be a great visual motivator for children to complete tasks. Children can see their progress and feel encouraged to reach the end prize. It also gives them a sense of control with appropriate input such as choosing the stickers or prizes.

Incentive charts are widely used in the classroom, hospital and home. Tasks can differ based on the goal behavior. For example, in the chart below, the goal behavior is to wear a mask and keep it on. Other goal behaviors include washing hands, covering coughs and sneezes, cleaning up toys, etc.

Sample Incentive Chart Instructions and Tips

Every time Lauren wears her mask, and keeps it on, she can put a sticker on her chart. When she gets five stickers, she earns a prize!

Lauren's Sticker Chart

Wore my mask! 	Wore my mask! 	Wore my mask! 	Wore my mask! 	Wore my mask! 	Great Job! PRIZE
Wore my mask! 	Wore my mask! 	Wore my mask! 	Wore my mask! 	Wore my mask! 	Great Job! PRIZE
Wore my mask! 	Wore my mask! 	Wore my mask! 	Wore my mask! 	Wore my mask! 	Great Job! PRIZE

- Prizes can be something you buy or a special treat such as ice cream, TV time, a trip to the park, etc.
- Make a chart with pictures instead of words. Draw a picture of a mask in each square and have your child check off the mask or color it in.
- Give the chart a theme, such as your child's favorite movie, book or character.

For more information please visit inovachildrens.org